

Corporate Culture: the Key to Unlocking Successful Worksite Wellness
 Karen J. Miller Conference Center at the LH Miller Campus of Salt Lake Community College
 September 26, 2007

7:15-8:00 a.m.	Registration & Continental Breakfast			
	Exhibit Break			
8:00-9:30 a.m.	Key Note Address Lone Peak Room "Quit Your Job so the Employees can do Theirs" Dr. Robert Rhode			
9:45-10:45 a.m.	Breakout <i>Copper Creek Room</i>	Breakout <i>Wasatch Room</i>	Breakout <i>Room 213</i>	
	"Fishing practice - Helping Your Clients Say Out Loud Their Reasons to do the Health Promoting Behavior" -Dr. Robert Rhode	"Preparing for the "Big One" - Tips to secure your facility against a shake up!" -Maralin Hoff (Utah Department of Public Safety/Homeland Security)	"Capturing Senior Level Support: Advice from the Experts" -Peter Corroon, Salt Lake County Mayor -Alan Hansen, County Commissioner (Davis County) -Diane Mansfield, V.P. Human Resources (Questar) -Cathy Wright, Manager of Administrative Services (Salt Lake Valley Emergency Communications Center) -Cari Aranda, Human Resources Administrator (Cream o' Weber Dairy)	
10:45-11:00 a.m.	Exhibit Break			
11:00a.m.- 12:00p.m.	Breakout	Breakout	Breakout	
	"Where to Workout @ Work: Simple Strategies to Increase Physical Activity in the Workplace" -Brett McIlff (Utah Department of Health)	"Heart Disease and Stroke Prevention Makes Sense" -Dr. Frank Yanowitz (LDS Hospital)	"Roundtable on Wellness Programs- Featuring Successful Utah Companies" -Rebecca Fietkau -Dawn Naisbitt (R&O) -Teri Olsen (Orbit Irrigation Products) -Misty L. Paxton (1-800-Contacts)	
12:15- 2:15 p.m.	Healthy Worksite Awards Luncheon Lone Peak Room "Company Spotlight Presentations"			
2:15-2:30 pm	Exhibit Break			
2:30- 3:30 pm	Breakout	Breakout	Breakout	
	"What Your Employees Really Want to Know About Nutrition" -Sarah Tronrud (Utah Department of Health)	"Understanding Depression and Anxiety in the Workplace" – Dr. Brent Blaisdell (Intermountain Healthcare)	"Roundtable on Wellness Programs- Featuring Successful Utah Companies" -Heather Hall (BYU) -Brad Pace (USANA) -Bill Heaps (Pepperidge Farm) -Raylene Thueson (RST)	
3:30 p.m.	Adjourn			